

## Be In It To Win It!

The next PTC  
Lottery Superdraw  
is on 28th  
November 2018

As usual the top cash prize increases to £2,000 and we have some fantastic special prizes to give away as well as all the other regular cash sums.

All existing players are entered automatically but if you are a new joiner you need to be signed up by **26<sup>th</sup> October** to be included

Don't delay, Sign up **TODAY.**

To find out more and to check out the list of all the special prizes view the article now.



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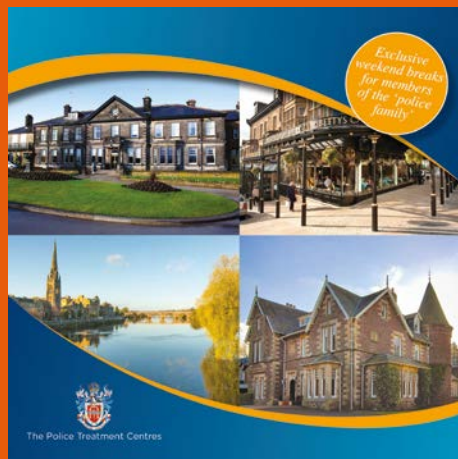
## Can't Wait Any Longer?

If you don't want to check out the extra prizes and

just want to go straight to the Lottery sign-up page and start the ball rolling right now then follow the link below.

[Sign Up Now!](#)

## Save The Date!



**2019 B&B room bookings go live on 1st October 2018**

In response to demand we are opening bookings earlier this year. Rooms will be available almost every weekend at both centres in 2019. Please check our website for exceptions at both centres and for the most up to date availability calendar for Harrogate as rooms here sell very quickly.

We look forward to welcoming guests both old and new and to continuing together to make this such a positive aspect of our fundraising for the PTCs.

### 2019 Room rates

£120 Double/Twin or £100 Single – Friday & Saturday nights inclusive

T&C's apply.

To find out more about our B&B offers or to book a room just follow the link.

[Book B&B Online](#)

## The Importance of Gift Aid

If you are currently supporting the PTC via Direct Debit, you may have received a letter from us about Gift Aid.

Gift Aid is one of the simplest and most effective ways of giving to charity, and makes your gift go 25% even further courtesy of the Taxman.



So if you are a British taxpayer and donate £10, it is then worth £12.50 to the charity without costing you a penny more.

To find out more, or to download a Gift-Aid form visit:

[Read More](#)

**Manchester Half Marathon**



The Manchester Half Marathon will take place on Sunday 14th October and this year we have FIVE Fundraising Heroes taking part in the event in aid of the PTC.

Nick Jones, Sian Beck, Craig O'Brien, Matthew Davidson and Rebecca Davidson will all take to the streets of Manchester and in doing so will raise funds for the PTC.

To find out more, to sponsor one of the five heroes or to find out how you can be a Fundraising Hero for the PTC just follow the link.

[Read More](#)

# Remember A Charity In Your Will

**REMEMBER A CHARITY  
IN YOUR WILL**  
Help the work live on...

The PTC and SGPCT recently supported national 'Remember A Charity In Your Will Week'.

Three quarters of Britons regularly give to charity in their lifetime, yet only 6% currently include a charity when writing a will.

By remembering the PTC or SGPCT in your will you are able to leave a lasting legacy for your colleagues; and ensure the PTC and SGPCT can continue to provide class leading treatment for the police family, ensuring they receive support at the most difficult times.

To find out more and to read about one Northumbria Officer who remembered the PTC in her will before losing her battle with MND follow the link.

[Read More](#)

## Iron Man Success

**Fundraising  
Hero, Alex  
Taylor recently  
completed the  
gruelling  
IronMan  
Triathlon Bolton  
in aid of the PTC**



Alex's IronMan  
Triathlon consisted of;

- 2.5 mile swim
- 112 mile cycle
- 26.2 mile marathon

As well as completing this amazing challenge in a respectable 10 hrs and 59 minutes, Alex also raised a phenomenal £1,437.86 for the PTC.

To find out what inspired him to take part in the event in aid of the PTC, and also what we purchased with the money Alex raised, read the full article.

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*"This course (Wellbeing) has allowed me to take a step back and analyse my work / life balance. It has given me some tools and*

*strategies to use when I feel anxious. The counselling has allowed me to look at ways of improving my life at work ... All of the nurses were fab. ."* (patient feedback)



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